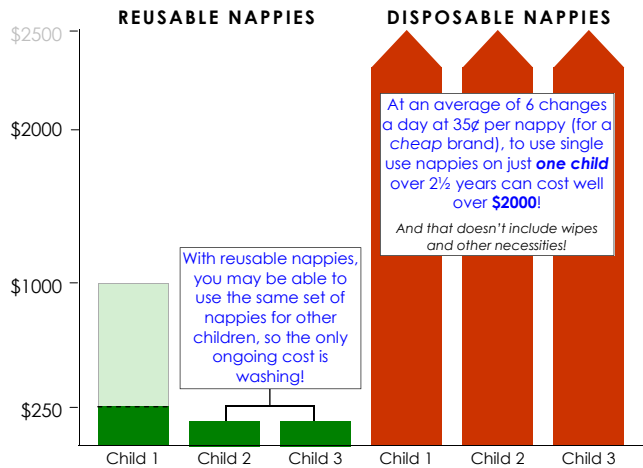


Cloth Will \$ave You Money!

Take a look at the graph below. It shows how reusable nappies can save you up to several *thousand* dollars over the nappy wearing life of your baby compared to disposables. The initial cost may seem high, but you may only need to buy them once!



A new, basic full-time reusable nappy system (nappies, covers and liners) can cost as little as \$250 while a typical premium fitted system costs around \$850. Some reusable nappies can be used again for several children! An average brand of single use nappies will cost you well over \$2000 for 2½ years *per child*.

If the initial outlay seems out of your reach, you can start with some basic nappies and covers, and then add to your collection over time. With the money you'll save by not using disposables, you'll have a complete set before you know it!



Just think...

by using reusable nappies instead of single use nappies for 1 or more children, you can save enough money to take your family for a wonderful holiday, buy a rainwater tank or install a solar hot water system!

Australian Nappy Network®

The Australian Nappy Network® is a voluntary not-for-profit organisation, the goal of which is to educate the Australian community on the health, environmental and financial benefits of reusable nappies.

The ANN will:

COORDINATE national cloth nappy advocacy activities

CONNECT healthcare professionals, local authorities, businesses and parents

INFORM parents through campaigns/activities with consistent impartial information

SUPPORT parents, the cloth nappy industry and researchers

CAMPAIGN to have stakeholders in the community support our aims

INNOVATE to reduce the ecological impact of nappy use at all points of supply

For more information on modern cloth nappies, including details of ANN activities, how to help, and links to information resources and cloth communities, visit :

www.nappynetwork.org.au

For information or to request more brochures, see the website or contact:



Proudly presenting Australia's annual



Have you considered

Modern Cloth Nappies?



If you've ever said "NO" to cloth nappies because:

"Soaking is such a chore!"
"They're too much hard work!"
"Don't cloth nappies smell...?"

Then it's time to think outside the square!

Why Choose to Reuse?

Reusable nappies have come a long way since the days of terry toweling squares and safety pins. These days reusable nappies come in a wide range of materials and styles to suit all bottoms and budgets—and the best part is, they are simple to use, breathable, leak proof and they care for baby and the environment.

Modern Cloth: What's New?

COVERS: Gone are the days of sweaty PVC covers! Improved materials are used today (including polar fleece, nylon, wool and Polyurethane Laminates or PUL) that are easy to maintain and keep mess in while allowing your baby's skin to breathe. Covers can either be pull-up or use fasteners such as hook & loop (e.g. Velcro®) or snaps.

LINERS: Liners help to keep baby dry and make disposing of solid waste far easier. Liners today are made of microfleece—an inexpensive material that is durable and easy to clean (you can even purchase the material and cut it yourself—*no sewing required!*). Alternatively you might choose a biodegradable or flushable liner.



FLATS AND PREFOLDS: Terry, muslin or flannelette squares are the traditional face of cloth nappies. These are a practical and affordable option, now available in modern fabrics: hemp and bamboo! Standard flat squares and their modern variation, the *prefold* (a rectangular shaped nappy with an absorbent panel sewn down the middle), can be folded to fit most baby sizes and are fastened easily with products like the *Snappi™ Nappy Fastener*. *Flat nappies* and *prefolds* are typically used with a cover.

FITTED: *Fitted nappies* are shaped, ensuring no leaks and a comfortable fit. They typically have elastic in the legs and waist and most have hook & loop or snap fasteners attached. They come in a range of sizes or a one-size-fits-all style. *Fitted nappies* are adjustable, and are typically used with a cover.



ALL-IN-ONE: A shaped absorbent nappy with a waterproof cover built-in, the *all-in-one* is fastened with either hook & loop or snaps. Like the *fitted nappy*, these come in various sizes from birth to toddler, with some being one-size so they grow with your baby. They are the ready-to-go option. There are also variations on AIO's known as All in Twos (AI2) or Almost in One nappies which have snap in boosters or pocket openings for additional boosting.



POCKET NAPPIES: Similar to the *all-in-one*, pocket nappies are a cover and liner sewn together to form (as the name suggests) a pocket. The pocket is stuffed with an absorbent material—such as a flat nappy or a pre-sewn stuffer—to give the convenience of an *all-in-one*, with variable absorbency and a fraction of the drying time!



How Many Nappies

A set of about 30 nappies (and optional nappy liners) and 12 covers should be enough for most babies from birth through to toilet training. (This assumes you wash your nappies every couple of days. Depending on how often you want to wash and the nappy system you choose, this quantity may vary).

Easy to Use - shaped & fitted, NO pins!
Easy to Clean - no soaking or bleaching
Easy on your Budget - save thousands of \$\$\$
Easy on the Environment - natural & reusable



Let Your
Washing Machine
Do The Work...

Reusable nappies don't need to be soaked anymore. Just flush any solid waste, then store nappies in a securely lidded bucket until wash day. "Dry-pailing" is easy, chemical free, and safe. Dry-pailing takes the fuss and smell out of using cloth nappies, and does away with the inconvenience and hazards of a bucket full of water. You can give nappies a quick rinse before dry-pailing if you want to.

Every couple of days just machine wash your nappies with detergent and rinse. Sun dry as much as possible. The sun naturally bleaches stains and sanitises your nappies. Home laundering is estimated to cost less than \$50 per year, including water, power & detergent.

Friendly to the Environment

In Australia alone, 800 million single-use nappies from domestic waste systems are delivered to landfill sites for disposal every year, and they may take up to 500 years to biodegrade. Generally, so called 'biodegradable' versions need to be disposed of in appropriate composting conditions, not standard landfill, in order to degrade. This means that ***every used disposable nappy ever made worldwide and dumped may still be buried underground for generations to come.***

By taking advantage of modern fabrics and best practice laundry methods, reusable nappies use less energy, land resources and water to manufacture and care for than single use nappies, and natural-fibre nappies *really do* biodegrade.

Reusability on multiple children means that cloth nappies are **the most environmentally sustainable nappy option.**

